

Jia-Chang Li



• Current position:

- Attending Physician, Department of Obstetrics and Gynecology, National Taiwan University Hospital

• Specialty:

- General Obstetrics and Gynecology
- Prenatal care and exam
- Advanced Obstetric Ultrasound
- High-Risk Pregnancy Management

•Education:

- M.D., School of Medicine, College of Medicine, National Taiwan University.

•Career and certification:

- Fellow in Maternal-Fetal Medicine, Department of Obstetrics and Gynecology, National Taiwan University Hospital.
- Resident, Department of Obstetrics and Gynecology, National Taiwan University Hospital.
- Post-graduate year resident, Chang Gung Memorial Hospital, Linkou.

•Reminder from Dr. Li:

Pregnancy is a journey filled with hope and joy, but while preparing to welcome new life, it's

also important to remain vigilant about potential health risks. One such condition is preeclampsia, a pregnancy-related hypertensive disorder that typically develops after the 20th week of gestation. If left untreated, it can pose serious risks to both mother and baby.

Common symptoms include high blood pressure, proteinuria, edema, blurred vision, headaches, and upper abdominal pain. These changes can sometimes be subtle, which makes regular prenatal checkups especially important. Obstetricians assess risk through blood pressure monitoring, routine urine analysis, and blood tests.

If you experience any of the symptoms mentioned above, please seek medical attention promptly—never ignore them. Taking care of

your health is the kindest way to protect your
baby.

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