

## Hao-Yun Chang



### • Current position:

- Attending Physician, Department of Internal Medicine, National Taiwan University Hospital.

### • Specialty:

- Internal Medicine
- General cardiology
- Interventional cardiology

### • Education:

- MD, School of Medicine, College of Medicine,

## National Taiwan University

### • **Career and certification:**

- Clinical Instructor, College of Medicine, National Taiwan University
- Attending Physician, Department of Internal Medicine, National Taiwan University Hospital, Hsin-Chu Branch
- Fellow, Department of Internal Medicine, National Taiwan University Hospital

### • **Reminder from Dr. Chang:**

Your Heart, Your Health: Do not Ignore the Signs !

Your heart works tirelessly to keep you alive, so it is important to listen to what it is telling you. Be aware of symptoms that could indicate underlying heart problems, including chest pain or discomfort,

shortness of breath, palpitations, swelling, fatigue. These symptoms can vary between individuals and may not always feel severe. However, they could signal conditions such as coronary artery disease, arrhythmias, or heart failure. Seeking timely medical attention can make a significant difference in diagnosing and managing these conditions effectively. Do not delay, your heart health is worth it!