

Kai-Chien Yang



• Current position:

- Attending Physician, Department of Internal Medicine, National Taiwan University Hospital

• Specialty:

- General cardiology
- Internal Medicine
- Human genetics

•Education:

- PhD in Molecular Genetics and Genomics, Washington University in St Louis, USA
- MD, College of Medicine , National Taiwan University

•Career and certification:

- Fellow of the European Society of Cardiology
- Board certification in Cardiology and Internal Medicine
- Post-doc fellow at the Cardiovascular Research Center, Brown University, USA
- Fellow, Department of Internal Medicine, National Taiwan University Hospital

•Reminder from Dr. Yang:

For patients with coronary artery disease (CAD),

it is important to be aware of common symptoms such as chest pain or discomfort (angina), shortness of breath, fatigue, and dizziness. If you experience these symptoms, especially during physical exertion, contact your healthcare provider. Your cardiologist may recommend diagnostic examinations, such as an electrocardiogram (ECG), stress tests, echocardiography, or coronary angiography, to assess the condition of your heart and blood vessels. Depending on the severity of your condition, treatment options may include lifestyle modifications (diet and exercise), medications like statins, beta-blockers, or antiplatelet agents, and in some cases, interventional procedures such as angioplasty or coronary artery bypass grafting (CABG). Adhering to prescribed medications and

maintaining regular follow-up visits with your cardiologist are essential to managing CAD and preventing complications.

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