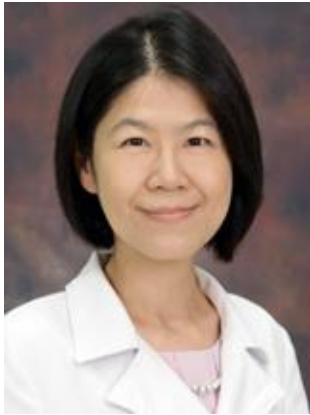


Chien-Chia Su



•Current position:

- Attending Physician, Department of Ophthalmology, National Taiwan University Hospital.

•Specialty:

- Glaucoma
- Low vision

•Education:

- PhD, Graduate Institute of Clinical Medicine,

College of Medicine, National Taiwan University.

- Master, Graduate Institute of Clinical Medicine, College of Medicine, National Taiwan University.
- MD, School of Medicine, China Medical University.

• **Career and certification:**

- Clinical Assistant Professor, College of Medicine, National Taiwan University.
- Visiting Scholar and Postdoctoral Researcher, Department of Ophthalmology, Duke University.
- Clinical Researcher, Kellogg Eye Center, University of Michigan.
- Attending Physician, Department of Ophthalmology, National Taiwan University

Hospital, Hsin-Chu Branch.

•Reminder from Dr. Su:

Glaucoma is often asymptomatic until it reaches an advanced stage. However, acute-angle closure glaucoma may present with sudden symptoms such as headache or nausea. In its more common, chronic form, most patients experience no discomfort initially, as vision loss typically begins in the peripheral field and only becomes noticeable later.

It is important to note that glaucoma can occur even with normal eye pressure. Therefore, comprehensive eye exams are essential for early detection. These should include measuring

intraocular pressure, assessing the optic nerve, and performing gonioscopy.

Primary treatment usually involves prescription eye drops to lower eye pressure. If medications are ineffective or cause significant side effects, laser therapy or surgery may be recommended. The primary goal of all treatments is to slow disease progression and prevent further vision loss. Given its silent nature, regular monitoring is particularly critical for high-risk individuals to identify and mitigate optic nerve damage early.