

Chih-Min Liu



• Current position:

- Attending Physician, Department of Anesthesia, National Taiwan University Hospital.

• Specialty:

- Anesthesiologist
- Pediatric anesthesia
- Intensive care
- Enhanced Recovery After Surgery (ERAS)
- Organ procurement organization (OPO)

Physician qualified to determine brain death

• **Education:**

- MD, School of Medicine, Taipei Medical University.

• **Career and certification:**

- Attending Physician, Department of Anesthesia, National Taiwan University Hospital, Yun-Lin Branch.

• **Reminder from Dr. Liu:**

In 2024, the Department of Anesthesiology of National Taiwan University Hospital established a new type of outpatient clinic: Enhanced Recovery After Surgery (ERAS) . ERAS clinic, an advanced, evidence-based

medical approach, designed to optimize all phases of the surgical process. We aim to accelerate patient recovery, reduce postoperative complications, and shorten hospital stays. ERAS emphasizes patient-centered care through collaboration across a multidisciplinary team, including surgeons, anesthesiologists, nurses, nutritionists, and physical therapists. Each patient receives a personalized recovery plan that covers preoperative, intraoperative, and postoperative management. This includes mental and physical preparation before surgery, the use of minimally invasive techniques and multimodal pain management during surgery, and early mobilization and nutritional support after surgery. The goal of ERAS is to minimize the

physiological and psychological stress of surgery, helping patients to recover more quickly and return to their normal lives. This integrated and continuously improving care model not only enhances the safety and effectiveness of surgery but also significantly improves the overall health care quality.