

Wei-Hsuan Yen



• Current position:

- Attending Physician, Department of Psychiatry, National Taiwan University Hospital.

• Specialty:

- Depressive disorders
- Anxiety disorders
- Stress management
- Psychotherapy

• Education:

- MD, School of Medicine, National Taiwan University

• **Career and certification:**

- Fellowship, Department of Psychiatry, National Taiwan University Hospital.
- Chief Resident, Department of Psychiatry, National Taiwan University Hospital.
- Resident, Department of Psychiatry, National Taiwan University Hospital.

• **Reminder from Dr. Yen:**

Mental disorders and stress-related disorders involve multiple factors that can affect emotions, sleep, education and employment, interpersonal relationships, and overall quality of life. A psychiatrist will conduct a comprehensive assessment for you, tailor a treatment plan incorporating both

medication and non-medication approaches, help you adjust your physical and mental condition, enhance your resilience to stress, gain a better understanding of yourself, and maintain mental health and balance..

NTUHF