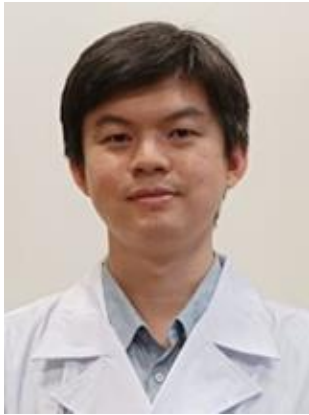


## Ping-Min Chen



### • Current position:

- Attending Physician, Department of Internal Medicine, National Taiwan University Hospital

### • Specialty:

- Internal Medicine
- Nephrology

### • Education:

- PhD, Department of Immunobiology, Yale University

- MD, School of Medicine, National Taiwan University

## • **Career and certification:**

- Assistant Professor, Institute of Biochemistry and Molecular Biology, National Taiwan University
- Attending Physician, Department of Internal Medicine, National Taiwan University Hospital Jin-Shan Branch.
- Postdoctoral Fellow, Department of Internal Medicine, Beth Israel Deaconess Medical Center, Harvard Medical School
- Fellow, Department of Internal Medicine, National Taiwan University Hospital.

## • **Reminder from Dr. Chen:**

The 3 highs (hyperglycemia, hypertension and hyperlipidemia) are the major risk factors for

chronic kidney disease. If you have related chronic diseases, please consult a doctor and take good control of them. In order to avoid kidney problems, you should pay attention to water intake, eat a light diet, and avoid high-protein diet. In the meantime, avoid long-term use of certain painkillers and unknown folk remedies. If a kidney problem is found, you should come to our nephrology clinic for further evaluation and treatment.