

Hsin-His Tsai



• Current position:

- Attending physician, Department of Neurology, National Taiwan University Hospital.
- Clinical assistant professor, Department of Neurology, National Taiwan University College of Medicine.

• Specialty:

- Cerebrovascular disease and stroke (ischemic stroke and intracerebral hemorrhage)
- Dementia

- Botulinum toxin injection
- General neurology

• **Education:**

- PhD, Graduate Institute of Clinical Medicine, National Taiwan University College of Medicine
- MD, National Taiwan University College of Medicine

• **Career and certification:**

- Attending Physician, Department of Neurology, National Taiwan University Hospital Bei-Hu Branch
- Resident, Department of Neurology, National Taiwan University Hospital.

• **Reminder from Dr. Tsai:**

Vascular cognitive impairment could be suspected in

subjects suffering cognitive decline after symptomatic stroke, or in demented patients who have multiple vascular risk factors such as hypertension, diabetes and hyperlipidemia. These patients sometimes need antithrombotic medication, such as aspirin, to prevent the occurrence of recurrent stroke. More importantly, strict vascular risk factor controls including well management of hypertension, cholesterol and blood sugar are encouraged. We also strongly suggest smoking cessation and regular exercise.