# **Chi-Lun Peng**



### •Current position:

Attending psychiatrist,
 Department of Psychiatry,
 National Taiwan University
 Hospital.

# .Specialty:

- General Psychiatry
- Forensic Psychiatry

#### **.**Education:

MD, School of Medicine,
 Kaohsiung Medical University

#### .Career and certification:

- Deputy Secretary-General,
   Taiwan Academy of Psychiatry
   and the Law
- Attending psychiatrist, Ping-An
   Psychiatric Hospital
- Residency, Department of
   Psychiatry, Kaohsiung Medical
   University Chung-Ho Memorial
   Hospital

# •Reminder from Dr. Peng:

Insomnia and anxiety are common problems in modern society. It is often necessary to

evaluate whether the physical, psychological and social aspects are probable causes. Therefore, psychiatrists will not just prescribe drugs. In addition to sedative and hypnotic drugs, many non-drug interventions and life adjustments can be made first. Welcome to the outpatient clinic to discuss with your psychiatrist