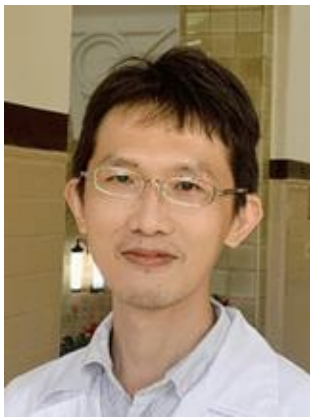


Mu-Cyun Wang



• Current position:

- Attending Physician, Department of Geriatrics and Gerontology, National Taiwan University Hospital.

• Specialty:

- Geriatric medicine
- Family medicine
- Palliative medicine

- Hospital medicine

• **Education:**

- PhD, Institute of Public Health, National Yang-Ming University.
- MD, School of Medicine, National Yang-Ming University.

• **Career and certification:**

- Attending Physician, Department of Geriatrics and Gerontology, National Taiwan University Hospital Hsin-Chu Branch.
- Attending Physician, Division of Geriatric Medicine, Department of Family Medicine, China Medical University Hospital.
- Researcher, Department of Geriatrics and Gerontology, National Taiwan University Hospital.
- Attending Physician, Department of Family

Medicine, Kuan-Tien General Hospital.

• **Reminder from Dr. Wang:**

Accompanied by an increase in life expectancy, the elderly population is increasing rapidly in Taiwan. However, this does not mean that the remaining healthy life expectancy is also extended. The elderly often face multiple illnesses and medications, and are susceptible to geriatric syndromes such as dementia, delirium, frailty, osteoporosis, and falls. These complex health conditions require more love and patience from the medical team, especially for those with cognitive or hearing impairments. Whether it is you or your family, it is recommended that the seniors exercise

regularly, eat a balanced diet, maintain a happy mood and also interpersonal interactions. I hope that everyone can maintain good health as getting older, and realize the goal of healthy aging.

NTUHF