

## Yen-Tsz Chen



### • Current position:

- Senior Dietitian, Department of Dietetics, National Taiwan University Hospital

### • Specialty:

- Neurological nutrition (epilepsy treatment - ketogenic and low-carbohydrate diets)
- Child nutrition (growth retardation and weight control)

## • **Education:**

- M.S. ,School of Nutrition and Health Sciences, Taipei Medical University
- B.S. ,School of Nutrition and Health Sciences, Taipei Medical University

## • **Career and certification:**

- Neurological Medical Service Team Member, National Taiwan University Hospital
- Lecturer appointed by Ministry of Education
- 2018 Study Abroad sponsored by Ministry of Education - Hospital for Sick Children and Rehabilitation in Toronto, Canada (Ketogenic Diet Therapy and Developmental Delay Rehabilitation Medical Care)
- 2017 Year Overseas Study Tour sponsored

by The Ministry of Education - Weight  
Health Management of Japanese Children  
and Adolescents

## • **Reminder from Dietitian Chen:**

Through individualized ketogenic and low-carbohydrate diet nutrition therapy, adjusting the proportion of the macronutrients in the diet, and appropriate vitamin and mineral supplement, patient's body can use the ketone bodies produced by fat to suppress epileptic seizures and appetite, which ensure the normal functioning of the body's organs and enhance health. Please consult with a professional dietitian and medical service team to discuss the treatment plan to achieve the best effect and improve the quality of life.