

An-An Cheng



•Current position:

- Clinical Psychologist, Clinical Psychology Center, National Taiwan University Hospital.

•Specialty:

- Infant and early childhood mental health
- Psychological assessment and psychotherapy for child and adolescent with

developmental/emotional/learning/behavioral problems

- Parental education and counseling

• Education:

- M.S., Clinical Psychology, National Taiwan University.
- B.S., Psychology, National Chengchi University

• Career and certification:

- Clinical Psychologist, Clinical Psychology Center, National Taiwan University Hospital.

• Reminder from Dr. Cheng

A child's innate temperament and their interactive relationship with a caregiver forms

the parent-child attachment relationship. The safety and trust attachment relationship provides the child with a sufficient sense of security which can give them the confidence and courage to explore the environment. In addition to providing sensitive and stable care to the child, parents should also let go in time and let their children explore outward. Every separation and letting go is an opportunity to accumulate love and trust. After practice time and time again, our children can become their unique self with our accompanying.