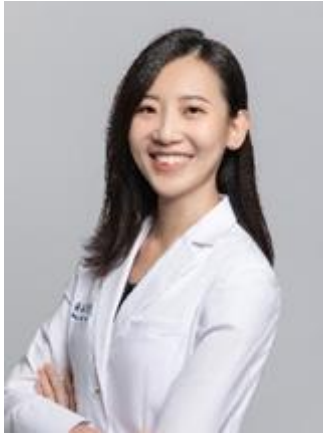


## Chang-Ming Huang



### • Current position:

- Attending Physician, Department of Psychiatry, National Taiwan University Hospital.

### • Specialty:

- Depressive and anxiety disorder
- Psychosomatic medicine
- Consultation-liaison psychiatry

## •Education:

- MD, School of Medicine, National Taiwan University Hospital

## •Career and certification:

- Fellowship, Department of Psychiatry, National Taiwan University Hospital.
- Resident, Department of Psychiatry, National Taiwan University Hospital.

## •Reminder from Dr. Huang:

Depressive and anxiety disorders have become more prevalent in modern society due to the fast pace of life. Other than developing more adequate stress coping strategies, seeking medical advice is also recommended if the depressed or anxious

mood becomes chronic and affects the quality of life. Combining pharmacological and non-pharmacological interventions based on clinical evaluation from psychiatrists may prevent further deterioration in mood burden and daily function impairment.