

Zih-Cian Song



• Current position:

- Attending Physician, Department of Physical Medicine and Rehabilitation, National Taiwan University Hospital

• Specialty:

- General Rehabilitation
- Cardiopulmonary Rehabilitation
- Cancer Rehabilitation
- Neuromuscular Rehabilitation

- Pain Medicine

• Education:

- PhD student, Department of Biomedical Engineering, National Taiwan University
- MD, School of Medicine, Taipei Medical University

• Career and certification:

- Attending Physician, Department of Physical Medicine and Rehabilitation, National Taiwan University Hospital Hsin-Chu Branch
- Specialist, Taiwan Academy of Physical Medicine and Rehabilitation Specialist, The Taiwanese Osteoporosis Association

• Reminder from Dr. Song:

As the Taiwanese population ages rapidly, we are soon to enter a “super-aged society” . With age comes a decline in cardiopulmonary and neuromuscular functions. Osteoporosis and cancer are also known to be “silent killers” , especially in the elderly population, having deleterious effects on daily function and quality of life. Maintaining physical health and sustaining a good quality of life requires personal vigilance. Please attend to your regular health examinations, lead a healthy lifestyle and exercise regularly. You may go to your doctor or medical personnel to discuss any related questions.