

## Yueh-Cheng Tsai



### • Current position:

- Attending Physician, Department of Orthopedic Surgery, National Taiwan University Hospital

### • Specialty:

- Minimal invasive trauma surgery; General Orthopaedics
- Knee Arthroscopy: Cruciate Ligaments, Meniscus, Cartilage Repair

- Shoulder Arthroscopy: Rotator Cuff Repair, Frozen Shoulder, Labrum Repair; Reverse Shoulder Arthroplasty
- Knee Osteoarthritis Arthroscopic Repair, High Tibial Osteotomy, Minimally Invasive Total Knee/Hip Replacement
- Periprosthetic Joint Infection, Revision Arthroplasty Surgery

## • **Education:**

- MD, School of Medicine, National Taiwan University.
- PhD student Department of Biomedical Engineering, National Taiwan University.

## • **Career and certification:**

- Attending Physician, Department of Orthopedic Surgery, Taoyuan General Hospital, Ministry of Health and Welfare

- Attending Physician, Department of Orthopedic Surgery, Hua-Lien Hospital, Ministry of Health and Welfare
- Chief Resident, Department of Orthopedic Surgery, National Taiwan University Hospital.
- Resident, Department of Orthopedic Surgery, National Taiwan University Hospital.
- Post-Graduate Year Training, National Taiwan University Hospital.

## • **Reminder from Dr. Tsai**

Knee pain is a common complaint and its prevalence is increasing in recent years in both young athletes and the elderly. The causes of knee injury are varied. For example, twisting of the knee during exercise can lead

to injuries of the meniscus or cruciate ligament. In addition, aging-related wearing of the meniscus may occur in almost every individual. Shoulder pain resulted from disorders like rotator cuff tear or frozen shoulder may significantly impair our life quality. People who have history of trauma, do overhead works, or experience repetitive stress on shoulders are at high risk of rotator cuff tear. Adhesive capsulitis, also known as frozen shoulder, usually causes severe stiffness and pain, and interferes daily life. In general, musculoskeletal disorders often cause pain that disturb our exercise, ambulation, or even routine work. Left untreated, these injuries may even contribute to mood disorders such as depression and anxiety. Fortunately, there are many

treatments and new techniques of repair or reconstruction operations such as arthroscopy, minimal invasive surgery, or high tibial osteotomy. With these advanced approaches, we can help our tissue recover in a better and more efficient way. As an orthopaedic surgeon in NTUH, the leading hospital in sport injury solution, it is my great pleasure to treat a patient's pain from the musculoskeletal system.