

Yi-Jing Chen



Current Position:

- Attending Physician, Department of Physical Medicine & Rehabilitation, National Taiwan University Hospital.

Specialty:

- General Rehabilitation
- Pediatric rehabilitation
- Neural rehabilitation
- Soft Tissue Ultrasound
- Ultrasound guided injection therapy

Education:

- School of Medicine, Taipei Medical University , M.D.

Career and certification:

- Specialist, Physical Medicine & Rehabilitation, ROC.
- Chief-Resident, Department of Physical Medicine & Rehabilitation, National Taiwan University Hospital.

Reminder from Dr. :

Prolonged sitting, standing, using cell phone or computer will cause muscle imbalance. Poor postures such as forward head, rounded shoulder, lumbar lordosis are very common. Regular muscle stretching and muscle strengthening are very important to correct malalignment.

Online Registration : [Register](#)